

2019 DOWNTOWN WALKING WEDNESDAYS



Flip over
for route
map &
schedule

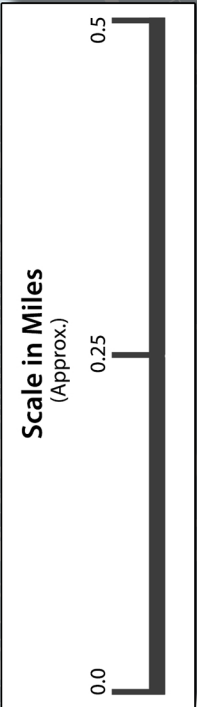
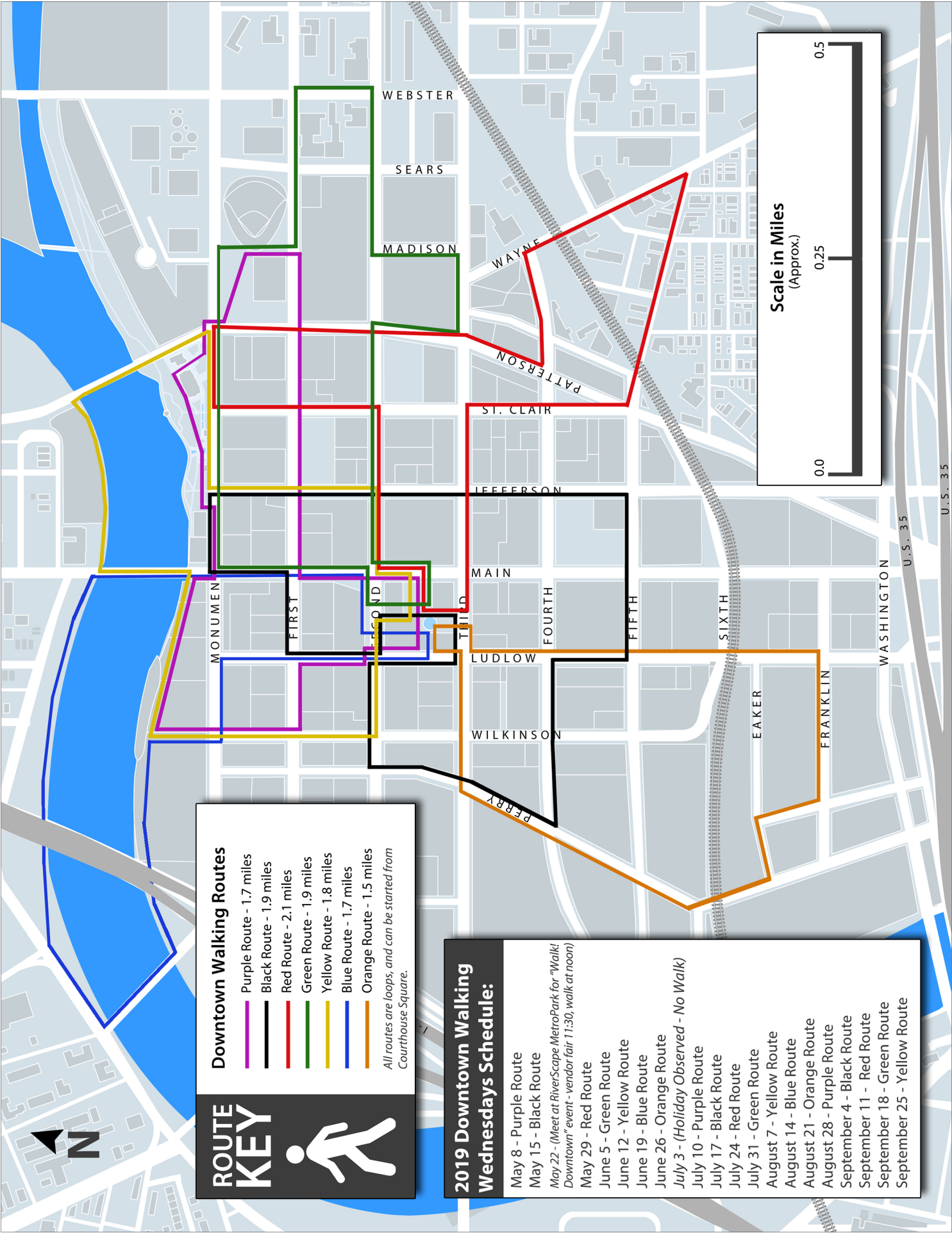


Looking for a great way to get out of the office, get some exercise, and meet new people on your lunch break? Join us each Wednesday this summer for Downtown Walking Wednesdays!

These fun walks feature a different downtown route each week, taking you past a variety of landmarks and parts of our city while introducing you to other downtown workers who like to walk.

- Start your walk at **Courthouse Square** during its free "The Square Is Where" entertainment
 - Walks can be self-guided, so you can start at any time. But, **if you'd like to walk with a group,** plan to depart from Courthouse Square at **12:10 p.m.**
 - All walking routes are loops, and short enough to complete in **30-45 minutes,** so you can easily fit in a walk during your lunch hour.
 - Does your employer have a wellness program, or do you just like to track your own progress? Stop by the Downtown Dayton Partnership table at Courthouse Square and grab a Downtown Walking Wednesdays **punch card**. Each week you walk with the group, have your card punched. Show the card to your employer as proof of your participation.
- (Business wellness programs vary. Check with your employer regarding rules for your particular plan to see if Downtown Walking Wednesdays qualifies.)*





ROUTE KEY



Downtown Walking Routes

- Purple Route - 1.7 miles
- Black Route - 1.9 miles
- Red Route - 2.1 miles
- Green Route - 1.9 miles
- Yellow Route - 1.8 miles
- Blue Route - 1.7 miles
- Orange Route - 1.5 miles

All routes are loops, and can be started from Courthouse Square.

2019 Downtown Walking Wednesdays Schedule:

- May 8 - Purple Route
- May 15 - Black Route
- May 22 - (Meet at RiverScape MetroPark for "Walk! Downtown" event - vendor fair 11:30, walk at noon)
- May 29 - Red Route
- June 5 - Green Route
- June 12 - Yellow Route
- June 19 - Blue Route
- June 26 - Orange Route
- July 3 - (Holiday Observed - No Walk)
- July 10 - Purple Route
- July 17 - Black Route
- July 24 - Red Route
- July 31 - Green Route
- August 7 - Yellow Route
- August 14 - Blue Route
- August 21 - Orange Route
- August 28 - Purple Route
- September 4 - Black Route
- September 11 - Red Route
- September 18 - Green Route
- September 25 - Yellow Route

U.S. 35
U.S. 35